REO RESORT

We can't wait to welcome you to...

REO RAFTING & YOGA RESORT







Get ready for an unforgettable getaway along the Nahatlatch River! To make your stay as comfortable as possible, please take a few minutes to review our packing lists.

WHAT TO PACK FOR YOUR ADVENTURE

Rafting Trips

For those who booked a scenic or whitewater rafting adventure with us.

Rafting Packing List

Glamping Stays

For those who booked an overnight stay in one of our riverfront glamping units.

Glamping Packing List

Yoga Retreats

For those who booked an overnight yoga or wellness retreat.

Retreat Packing List

Camping Stays

For those who booked an overnight stay in our camping area with their own tent and gear.

Camping Packing List

Resort Amenities & Facilities

Hot tub | Private Beach | Hammock Garden | Self-Guided Nature Walk | Beach Volleyball Court
Relaxation Pergolas | Outdoor Showers | Indoor Bathroom/Shower Facilities | Nightly Campfires

Nahatlatch Valley, BC | bookings@reorafting.com | +1 604-862-7772 | www.reorafting.com

What to bring on your...

RAFTING ADVENTURE







What We Provide

- Full body O'Neill wetsuit & water shoes
- Life jacket & helmet
- Optional splash jacket for extra warmth
- Lunch & beverages (water, coffee, tea, juice)
- Snack on the trip (water, fruit, cookies)
- Hot tub & hot showers

Required Items

- ID for check-in
- Swimsuit or shorts (for under the wetsuit)
- Beach towel (provided for overnight guests)
- Dry clothing for after the trip
- Credit card details from one guest in the reservation

Recommended Items

- Sunscreen (for your face and hands)
- Thermals (wool or polyester) for cold weather
- Straps for glasses (also available for purchase at the resort)
- Personal water bottle and/or tumbler (keep your beverages hot/cold & help reduce our paper cup waste)
- Cash/credit/debit card for retail purchases/rentals

Optional Items

- Sunglasses
- Wool socks
- Gloves for cold weather (wool or poylester)
- Personal snacks (for before or after trip)



What to bring on your...

YOGA RETREAT







What We Provide

- Yoga equipment (mat, blocks, straps, bolsters, blankets, pillows)
- 5 sessions daily (classes & workshops)
- Glamping tent with full linens, extra blankets, and towels
- Meals including dessert & beverages
- One guided hike per guest
- Resort amenities access & free WIFI
- Shampoo, conditioner, soap, and hair dryers

Required Items

- ID for check-in
- Credit card details from one person in the booking

Optional Items

- Personal yoga equipment (mat, blocks, straps, bolsters, blankets, pillows)
- Cash/card for retail purchases & rentals

Recommended Items

- Athletic wear for yoga sessions
- Swimsuit or shorts (to wear at the beach or in the hot tub)
- Summer clothes for hot days
- Warm clothes for evenings as the temperature cools off (pants and sweaters)
- Rain jacket (depending on weather)
- Hiking shoes or runners
- Hat, sunscreen, and sunglasses
- Bug spray and flashlight/head torch (1 lantern is provided per glamping tent booked)
- Toiletries (toothbrush, toothpaste, deodorant, etc.)
- Water bottle and/or tumbler (keep beverages hot/cold & help reduce our paper cup waste)
- Personal snacks and alcoholic beverages
    - REO does not sell alcohol. You are welcome to bring your own beverages and drink them throughout the resort. The nearest liquor stores are in Boston Bar, about 25 minutes from REO. Select soft drinks and snacks are available for purchase at REO.



What to bring on your...

GLAMPING STAY







What We Provide

- Glamping tent with full linens, extra blankets, and towels
- Activities booked in your reservation
- Meals including dessert & beverages
- One guided hike and yoga session per guest
- Resort amenities access
- Board games, cards, and kids toys available
- Shampoo, conditioner, soap, and hair dryers
- Free WIFI

Required Items

- ID for check-in
- Credit card details from one guest in the reservation

Optional Items

- Cash/card for retail purchases & rentals
- Pillow/linens for personal reasons (ex. pillows for preexisting conditions)

Recommended Items

- Swimsuit or shorts (to wear at the beach or in the hot tub)
- Summer clothes for hot days
- Warm clothes for evenings as the temperature cools off (pants and sweaters)
- Rain jacket (depending on weather)
- Hiking shoes or runners
- Hat, sunscreen, and sunglasses
- Bug spray and flashlight/head torch (1 lantern provided per glamping tent booked)
- Toiletries (toothbrush, toothpaste, deodorant, etc.)
- Water bottle and/or tumbler (keep beverages hot/cold & help reduce our paper cup waste)
- Personal snacks and alcoholic beverages
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What to bring on your...

CAMPING STAY







What We Provide

- Activities booked in your reservation
- Meals including dessert & beverages
- One guided hike and yoga session per guest
- Resort amenities access
- Board games, cards, and kids toys available
- Shampoo, conditioner, soap, and hair dryers
- Free WIFI

Required Items

- ID for check-in
- Credit card details from one guest in the reservation
- Tent and camping gear
- Sleeping bag, any linens, pillows, and towels

Optional: Cash/card for retail purchases & rentals

Recommended Items

- Swimsuit or shorts (to wear at the beach or in the hot tub)
- Summer clothes for hot days
- Warm clothes for evenings as the temperature cools off (pants and sweaters)
- Rain jacket (depending on weather)
- Hiking shoes or runners
- Hat, sunscreen, and sunglasses
- Bug spray
- Flashlight or head torch
- Toiletries (toothbrush, toothpaste, deodorant, etc.)
- Water bottle and/or tumbler (keep beverages hot/cold & help reduce our paper cup waste)
- Personal snacks and alcoholic beverages
    - REO does not sell alcohol. You are welcome to bring your own beverages and drink them throughout the resort. The nearest liquor stores are in Boston Bar, about 25 minutes from REO. Select soft drinks and snacks are available for purchase at REO.